



MUSIC FOR ALL SEASONS, INC.

336 Park Avenue, Suite 2R • Scotch Plains, NJ 07076 -1100 • 908 322 6300
www.musicforallseasons.org • www.voicesofvalor.org



VOICES of VALOR

Professional Performances For Hope And Healing

March 2, 2026

FOR IMMEDIATE RELEASE

Voices of Valor Releases “I Won’t Back Down” by The Lyons Heart

Original song created by Veterans at the Lyons VA Medical Center reflects resilience, brotherhood, and healing through music.

Music For All Seasons and its signature Voices of Valor program proudly announce the official release of “I Won’t Back Down,” an original song created and performed by The Lyons Heart — a remarkable group of Veterans from the Lyons VA Medical Center, part of the VA New Jersey Health Care System on March 2, 2026.

Through Voices of Valor, participating Veterans were given the opportunity to share their experiences, connect through music, and transform personal stories into original songwriting. Session after session, the group built trust, encouraged one another, and found the courage to express their stories through music.

Guided by facilitators Benny Harrison and Laura Blaine, “I Won’t Back Down” became a reflection of resilience, brotherhood, perseverance, and healing. Every lyric in the song was written by the Veterans themselves.

The song was recorded at Sound On Sound Studios in Montclair, New Jersey, capturing the authenticity, emotion, and strength of each participant’s voice and story.

Music For All Seasons extends heartfelt gratitude to TD Charitable Foundation for its continued support in helping make Voices of Valor programs possible and for uplifting the voices of Veterans through meaningful musical experiences.

For more than a decade, Voices of Valor has provided Veterans with opportunities to foster connection, emotional wellness, and creative expression through music while building supportive communities through storytelling and collaboration.



Listen to “I Won’t Back Down” here:

[I Won’t Back Down – The Lyons Heart](#)

For more information about Voices of Valor, please visit:

[Voices of Valor](#)

Brian F. Dallow, *In Memoriam*
Executive Director 1991-2024
Rena H. Fruchter
Executive Director
Ashley Alvarez
Administrative Assistant
Nancy Eckert
Development Associate
Danny Geib
Technology and Design Associate

Programs Serving:

New Jersey
New York
California
Connecticut
Pennsylvania
Massachusetts

Board of Trustees

The Hon. Thomas H. Kean
Honorary Chairman
Laura Blaine, Chairman
Christopher Shrum, Vice Chairman
Rena Fruchter, President, Co-Founder
Norman J. Dee, Treasurer
Brittany Neal DiNatale, Secretary
Karen R. Burr, Esq.
Robert Harari
Steven Isserlis, CBE
Robindra Mahabir
Helen S. Paxton
Stephen B. Rodner, Esq.
Katherine Sabatino
Christopher Shrum
Ruth Southland
Douglas Spegal
Nicholas Young

Brian F. Dallow (1943-2024)
President, Co-Founder
Dudley Moore, CBE (1935-2002)
Founding President, Board of Advisors
Carol Ann Marder, Trustee Emeritus
Gwen E. Hall, Trustee Emeritus

Board of Advisors

Steven Isserlis, CBE, President
Dame Julie Andrews, DBE
Joshua Bell
Jacqui Dankworth
Charles Dutoit
Julio Fernandez
Eric Idle
Yo-Yo Ma
Wynton Marsalis
Liza Minnelli
Gerard Schwarz
Leonard Slatkin
Yoav Talmi
Kirsten Thien
Dawn Upshaw
Hugh Wolff

Voices of Valor Advisors

Michael Faulkner, PhD, Staff Sgt.
US Marine Corps, Ret.
Amy McDougal, JD, CCEP,
Fmr Maj. USAF JAGC



"I Won't Back Down"

BY THE LYONS HEART

Special Thanks to:
TD Charitable Foundation
Lyons VA Medical Center

MARCH 2, 2026

