



MUSIC FOR ALL SEASONS, INC.

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Professional Performances for Hope And Healing

FOR IMMEDIATE RELEASE

May 30, 2026

Voices of Change Releases “Sinking” by Broken and Alive

Original song created through Music For All Seasons’ Voices of Change program transforms conversations about grief, loss, healing, and lived experiences into music.



Music For All Seasons proudly announces the release of “Sinking,” an original song created by Broken and Alive through the Voices of Change program in partnership with Common Ground Grief Center. The song was celebrated at a private release party on May 30, 2026, at Common Ground Grief Center, where participants gathered with family and friends to hear their finished song together for the first time.

What began as conversations about grief, loss, healing, and lived experiences became lyrics, music, and ultimately a professionally

recorded song. Through Voices of Change, participants were given a supportive space to share their experiences, express themselves creatively, and work together to transform those experiences into an original piece of music.

“What a remarkable process and the lyrics they created are astounding. Ron put music to it and being in a recording studio was pretty neat,” said Lynn M. Snyder, LPC, ATR-BC, FT, Founder/Director of Common Ground Grief Center.

“Sinking” was created by Ava Burr, Saorise Drewry, Kaitlyn Noble, Niya Phipps, Wyatt Rose, Lillian Uhrig, Ged Dagot, Ron Haney, and Mackenzie Koedding, who are credited with music, lyrics, and vocals. Ron Haney and Mackenzie Koedding served as facilitators, with Ged Dagot as Psychology

Mentor. The song was recorded by Adam Vaccarelli at Retromedia Sound Studio in Red Bank, New Jersey, with music produced and performed by Ron Haney and Dylan McLean.

The May 30 celebration marks another milestone for the group. Broken and Alive will make its live debut during Common Ground Grief Center's annual Common Ground Clam Bake Benefit at Martell's Tiki Bar in Point Pleasant on Thursday, June 11, from 5:30–9:30 p.m., where participants will perform "Sinking."

That evening will also include a special online premiere. At 7:00 p.m. on June 11, Music For All Seasons will premiere the official music video for "Sinking" by Broken and Alive on YouTube, giving a wider audience an opportunity to experience the song and the voices behind it.

Music For All Seasons extends its gratitude to Common Ground Grief Center for its partnership and to the George A. Ohl, Jr. Trust for its support of Voices of Change. Funding has also been secured for an additional Voices of Change program in 2026, with more details to be announced.

Voices of Change uses songwriting, music, and creative collaboration to support children and young people as they explore difficult emotions and experiences. Through conversation and creating music together, participants have opportunities to express themselves, connect with others, and have their voices heard.

► **Watch the official music video for "Sinking" by Broken and Alive:**
[Sinking – Broken and Alive](#)

For more information about Music For All Seasons, please visit:
[Music For All Seasons](#)

About Music For All Seasons

Founded in 1991, Music For All Seasons is a 501(c)(3) nonprofit organization that nurtures human connection with under-resourced communities through healing musical experiences and inspiring creative collaborations with professional musicians. Through its programs and specialized initiatives, including Voices of Valor, Music For All Seasons brings the restorative power of music to Veterans, survivors of domestic violence, seniors, young people, and other communities.

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