



MUSIC FOR ALL SEASONS, INC.

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Professional Performances for Hope And Healing

FOR IMMEDIATE RELEASE

June 16, 2026

Voices of Valor Releases “I Stand Tall” by Changing Lanes

Original song created by Veterans through Music For All Seasons’ Voices of Valor program reflects resilience, strength, and perseverance.



Music For All Seasons proudly announces the release of “I Stand Tall,” an original song created by Changing Lanes through its Voices of Valor program at Veteran’s Haven South in Winslow, New Jersey. On June 16, 2026, the Veterans gathered for a special release celebration where they heard their finished song together for the first time.

What began as conversations, shared experiences, and personal reflections became lyrics, music, and ultimately an original recorded song. “I Stand Tall” tells a story of resilience, strength, and perseverance,

reflecting the experiences and voices of the Veterans who created it. The song’s lyrics capture that journey: “I’ve been up, I’ve been down / I’ve been lost, I’ve been found / Was heading for the dark, but I turned it around.”

“I Stand Tall” was created by Earnest Burch, Angela Costa, Michael Gale, Kate Hall, Lorentz Maloney, Lisa Martinez, Jennifer McGowan, Maria McIntire, Darryl McNair, Matt Orlando, and Ellington X. Thrbak, who are credited with music, lyrics, and vocals. Kate Hall and Matt Orlando served as facilitators. The song was recorded by Eric McNelis at Gradwell House Recording in Haddon Heights, New Jersey, with music produced and performed by Matt Orlando.

Music For All Seasons extends its gratitude to Veteran’s Haven South for hosting Voices of Valor and to The Blanche & Irving Laurie Foundation for its generous support, which made this program possible.

Every Voices of Valor song begins with a conversation. Veterans share their experiences, find the words together, and then work with professional musicians to turn those words into an original song.

► Watch “I Stand Tall” by Changing Lanes:
[I Stand Tall – Changing Lanes](#)

For more information about Voices of Valor, please visit:
[Voices of Valor](#)

About Voices of Valor



Founded in 2011, Voices of Valor is a specialized initiative of Music For All Seasons that provides Veterans with an opportunity to transform their stories and lived experiences into original songs. Working in small groups with professional musician-facilitators and a psychology mentor, participants write lyrics, create melodies, and professionally record a song that reflects their experiences and honors their service. No prior musical experience is required. The program is designed to honor Veterans’ experiences, support the transition from military to civilian life, and foster self-expression, connection, and community.

About Music For All Seasons

Founded in 1991, Music For All Seasons is a 501(c)(3) nonprofit organization that nurtures human connection with under-resourced communities through healing musical experiences and inspiring creative collaborations with professional musicians. Through its programs and specialized initiatives, including Voices of Valor, Music For All Seasons brings the restorative power of music to Veterans, survivors of domestic violence, seniors, young people, and other communities.

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